

# MIDLAND CIVIC ARENA

405 Fast Ice Drive, Midland 48642 (989)495-0610 [www.midlandcivicarena.com](http://www.midlandcivicarena.com)

# HOCKEY 101

## Adult Skills Development

*Looking to develop and improve your hockey skills?*

*HOCKEY 101* will focus on the individual skills that get ignored when only playing games, beginning with the basics and progressing to more advanced skills.

### SESSION 3 COST:

**6 Classes for \$60, Drop-in \$12 per class**

### SUNDAYS at 4:30 pm\*

**February 21<sup>st</sup> through March 28th**

\* 3/14 at 12:00 pm

\* 3/21 at 4:00 pm



Name \_\_\_\_\_ Birth date \_\_\_\_\_ Goalie? Yes No

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Ph# (H) \_\_\_\_\_ (C) \_\_\_\_\_ Email \_\_\_\_\_

In consideration of being allowed to participate in any way in programs, related events and activities of the Midland Civic Arena, I acknowledge, appreciate, and agree that:

- 1) The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
- 2) I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown of my participation in Midland Civic Arena activities, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
- 3) I willingly agree to comply with the stated and customary terms and conditions for participation in Midland Civic Arena activities. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
- 4) I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE Midland Civic Arena, the city of Midland, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_